

Elk River Nordic Team: 2011-2012 Season

**ABC Relays Race**

Theodore Wirth Park, Minneapolis: January 14, 2012

**Team Results**

**Boys Course Best Team Time: 26:25**

Relay Race, 1 Man-Made Loops: 2.5km

Conditions: 25 Degrees, NO REAL SNOW!!

<u>ORDER</u>	<u>NAME</u>	<u>GRADE</u>	<u>LAP 1</u>
1	Max Riebel	Classic	0:07:38
	Nate Webster	Classic	0:07:39
	Breck Hickman	Skate	0:06:58
	Jake Schroeder	Skate	0:06:38
2	Ben Vrchota	Classic	0:08:30
	Ryan Trapp	Classic	0:08:39
	Tommy Como	Skate	0:07:11
	Joey Martin	Skate	0:07:24
3	Alex Hickman	Classic	0:08:23
	Matt Vrchota	Classic	0:09:28
	Blake Thompson	Skate	0:07:42
	Cole Konzal	Skate	0:08:47
4	Jonny Tormoen	Classic	0:09:36
	Mitch Droogsma	Classic	0:10:27
	Luke Hempel	Skate	0:09:47
	Dan Janasz	Skate	0:07:14
5	Jonny Tormoen***		0:09:36
	Nick Frey	Classic	0:13:14
	Michael Tormoen	Skate	0:10:25
	Nick Griffiths	Skate	0:09:59

**Team Results****Girls Course Best Team Time: 31:58**

Relay Race, 1 Man-Made Loops: 2.5km

Conditions: 25 Degrees, NO REAL SNOW!!

<u>ORDER</u>	<u>NAME</u>	<u>GRADE</u>	<u>LAP 1</u>
1	Laura Crepeau	Classic	0:10:12
	Mallory Adams	Classic	0:09:49
	Mary Elmquist	Skate	0:08:09
	Anna Haugen	Skate	0:08:30
			0:36:40
2	Shannon White	Classic	0:09:59
	Maggie Hohlen	Classic	0:10:10
	Brittany Dorn	Skate	0:09:09
	Reece Hickman	Skate	0:08:43
			0:38:01
3	Emma Crane	Classic	0:11:04
	Ali Sternaman	Classic	0:11:31
	Ellie Hudson	Skate	0:11:08
	Ali Manthey	Skate	0:09:26
			0:43:09
4	Morgan Martin	Classic	0:12:09
	Kailey Erdahl	Classic	0:11:47
	Tessa Lasserre	Skate	0:10:34
	Bella Nordahl	Skate	0:10:30
			0:45:00
5	Jackie Studniski	Classic	0:12:08
	Annie Gatzke	Classic	0:12:33
	Taylor Nelson	Skate	0:10:48
	Mikayla Frey	Skate	0:11:51
			0:47:20
	Elizabeth Wolters	Skate	0:14:30

**BOYS CLASSIC****WINNING TIME: 6:20**

<u>ORDER</u>	<u>NAME</u>	<u>STYLE</u>	<u>FINAL</u>	<u>% BACK</u>	<u>T-BACK</u>
1	Max Riebel	Classic	0:07:38	20.53%	0:01:18
2	Nate Webster	Classic	0:07:39	20.79%	0:01:19
3	Alex Hickman	Classic	0:08:23	32.37%	0:02:03
4	Ben Vrchota	Classic	0:08:30	34.21%	0:02:10
5	Ryan Trapp	Classic	0:08:39	36.58%	0:02:19
6	Matt Vrchota	Classic	0:09:28	49.47%	0:03:08
7	Jonny Tormoen	Classic	0:09:36	51.58%	0:03:16
8	Mitch Droogsma	Classic	0:10:27	65.00%	0:04:07
9	Nick Frey	Classic	0:13:14	108.95%	0:06:54

**BOYS SKATE****WINNING TIME: 6:04**

<u>ORDER</u>	<u>NAME</u>	<u>STYLE</u>	<u>FINAL</u>	<u>% BACK</u>	<u>T-BACK</u>
1	Jake Schroeder	Skate	0:06:38	9.34%	0:00:34
2	Breck Hickman	Skate	0:06:58	14.84%	0:00:54
3	Tommy Como	Skate	0:07:11	18.41%	0:01:07
4	Dan Janasz	Skate	0:07:14	19.23%	0:01:10
5	Joey Martin	Skate	0:07:24	21.98%	0:01:20
6	Blake Thompson	Skate	0:07:42	26.92%	0:01:38
7	Cole Konzal	Skate	0:08:47	44.78%	0:02:43
8	Luke Hempel	Skate	0:09:47	61.26%	0:03:43
9	Nick Griffiths	Skate	0:09:59	64.56%	0:03:55
10	Michael Tormoen	Skate	0:10:25	71.70%	0:04:21

**GIRLS CLASSIC****WINNING TIME: 8:06**

<u>ORDER</u>	<u>NAME</u>	<u>STYLE</u>	<u>FINAL</u>	<u>% BACK</u>	<u>T-BACK</u>
1	Mallory Adams	Classic	0:09:49	21.19%	0:01:43
2	Shannon White	Classic	0:09:59	23.25%	0:01:53
3	Maggie Hohlen	Classic	0:10:10	25.51%	0:02:04
4	Laura Crepeau	Classic	0:10:12	25.93%	0:02:06
5	Emma Crane	Classic	0:11:04	36.63%	0:02:58
6	Ali Sternaman	Classic	0:11:31	42.18%	0:03:25
7	Kailey Erdahl	Classic	0:11:47	45.47%	0:03:41
8	Jackie Studniski	Classic	0:12:08	49.79%	0:04:02
9	Morgan Martin	Classic	0:12:09	50.00%	0:04:03
10	Annie Gatzke	Classic	0:12:33	54.94%	0:04:27

**GIRLS SKATE****WINNING TIME: 7:30**

<u>ORDER</u>	<u>NAME</u>	<u>STYLE</u>	<u>FINAL</u>	<u>% BACK</u>	<u>T-BACK</u>
1	Mary Elmquist	Skate	0:08:09	8.67%	0:00:39
2	Anna Haugen	Skate	0:08:30	13.33%	0:01:00
3	Reece Hickman	Skate	0:08:43	16.22%	0:01:13
4	Brittany Dorn	Skate	0:09:09	22.00%	0:01:39
5	Ali Manthey	Skate	0:09:26	25.78%	0:01:56
6	Bella Nordahl	Skate	0:10:30	40.00%	0:03:00
7	Tessa Lasserre	Skate	0:10:34	40.89%	0:03:04
8	Taylor Nelson	Skate	0:10:48	44.00%	0:03:18
9	Ellie Hudson	Skate	0:11:08	48.44%	0:03:38
10	Mikayla Frey	Skate	0:11:51	58.00%	0:04:21
11	Elizabeth Wolters	Skate	0:14:30	93.33%	0:07:00