



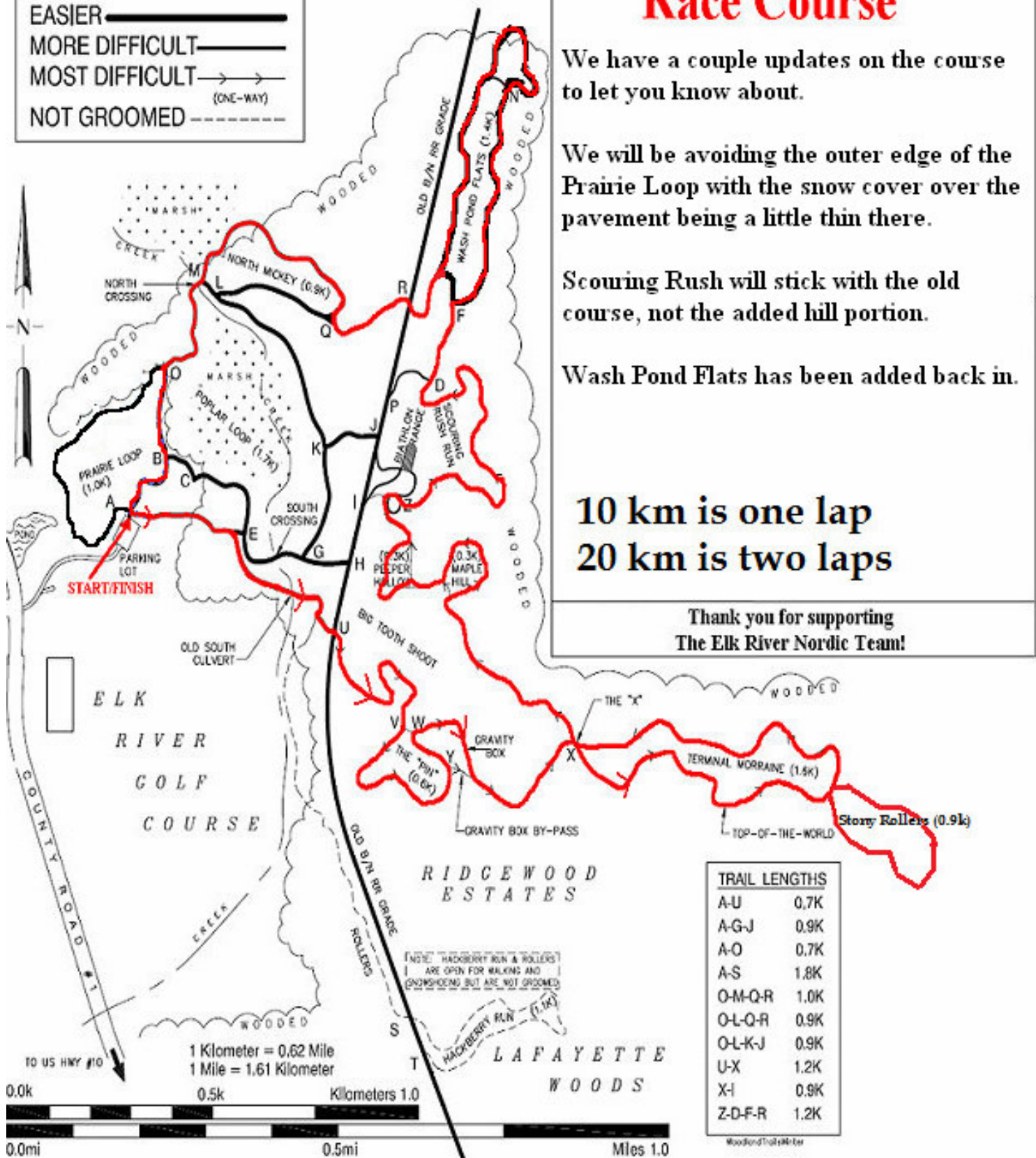




# WOODLAND TRAILS WINTER MAP

EASIER   
 MORE DIFFICULT   
 MOST DIFFICULT   
 NOT GROOMED  (ONE-WAY)



## Race Course

We have a couple updates on the course to let you know about.

We will be avoiding the outer edge of the Prairie Loop with the snow cover over the pavement being a little thin there.

Scouring Rush will stick with the old course, not the added hill portion.

Wash Pond Flats has been added back in.

**10 km is one lap**  
**20 km is two laps**

Thank you for supporting  
 The Elk River Nordic Team!